



DÉLICE

# BORDEAUX

THE TASTE OF A GREAT FOOD CITY

MEMBER OF DÉLICE NETWORK



## THE CANELÉ

A pastry crunchy outside but soft inside

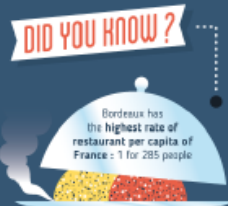
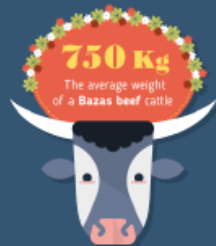


## WHAT TO TASTE ?



## FOIE GRAS

The iconic product  
of south west of France



## FOOD EVENTS

BORDEAUX SO GOOD  
November + 3 days

BORDEAUX WINE FESTIVAL  
June + 4 days

NEW WINE &  
SECOND-HAND GOODS FAIR  
October + 2 days

VINS DE  
BORDEAUX

BORDEAUX  
TOURISME

[www.bordeaux-tourisme.com](http://www.bordeaux-tourisme.com)

CCI BORDEAUX

DÉLICE

[www.delice-network.com](http://www.delice-network.com)

# BRUSSELS

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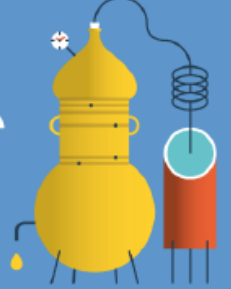


## MUSSELS & FRENCH FRIES

The popular main dish  
originating from Belgium



## WHAT TO TASTE ?



## LAMBIC BEER

The only spontaneously  
fermented beer in the world



## DID YOU KNOW ?



## WHERE TO GO ?



## ONLY IN... BRUSSELS



## FOOD EVENTS

BRUSSELS IN THE SKY  
June + 5 days

EAT | BRUSSELS,  
DRINK | BORDEAUX  
September + 4 days

SEAFOOD EXPO  
April + 3 days

visit.brussels

be  
in  
Brussels

BEV  
BRUSSELS

DÉLICE

[www.delice-network.com](http://www.delice-network.com)

# STAVANGER

THE TASTE OF A GREAT FOOD CITY

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# LYON

THE TASTE OF A GREAT FOOD CITY

FOUNDER OF DÉLICE NETWORK





# İZMİR

THE TASTE OF A GREAT FOOD CITY

MEMBER OF DÉLICE NETWORK



## ARTICHOKE IN OLIVE OIL

Artichoke bowls filled with rice, vegetables and herbs



## STUFFED MUSSELS

Stuffed and cooked with rice, black current and onion

### WHAT TO TASTE ?



1492

Invention of the **Boğaz**, a local pastry often eaten at breakfast



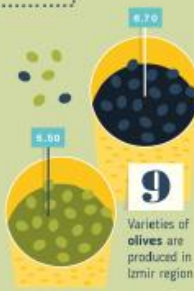
32

Varieties of fresh wild Aegean herbs are used for cooking



10.000 Tons

Of dried fig are exported each year



9

Varieties of olives are produced in Izmir region

### DID YOU KNOW ?



The traditional alcoholic beverage **Raki** is also called «Lion's Milk»

### WHERE TO GO ?



2774

Restaurants in Izmir

### ONLY IN... İZMİR



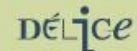
**Kemeraltı**, the traditional bazaar with caravanserais, herbals and food vendors

## FOOD EVENTS

URLA ARTICHOKE FESTIVAL  
May + 3 days

ALAÇATI HERB FESTIVAL  
April + 3 days

INTERNATIONAL GASTRONOMIC TOURISM CONGRESS  
December + 3 days



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# GOTHENBURG

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## SHRIMP SANDWICH

Shrimp on bread with egg, mayonnaise, dill, lemon and lettuce



## SEAFOOD

Fresh crayfish and oysters enjoyed straight from the boat

8 million

Buns are eaten on the the annual **Cinnamon Bun Day** in October



1874

Opening of the iconic fish market **Fiskekôrka**, the "Fish Church"



7

Michelin starred restaurants



30

Oysters opened in 2.57 minutes : the World Record held by a Gothenburg chef



350.000

Elks roam the Swedish forests

### WHAT TO TASTE ?

### DID YOU KNOW ?



Sweden's Right of Public Access allows chefs to pick ingredients almost anywhere

### WHERE TO GO ?



Experience a lobster safari on one of the 70 car-free islands near the city centre

### ONLY IN... GOTHENBURG



The City is switching to **100% Organic Food** in all public kitchens - including schools and preschools

## FOOD EVENTS

NORDIC CHAMPIONSHIP IN OYSTER OPENING  
April-May + 3 days

THE PASSION FOR FOOD FESTIVAL  
August + 2 days

GLOBAL PICNIC FOOD FESTIVAL  
February + 3 days



www.gothenburg.com



www.delice-network.com

# FRANSCHHOEK

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## FRANSCHHOEK SALMON & TROUT

Hot and cold smoked salmon & trout farmed in the streams of the Franschhoek mountains



## CURED MEAT

Includes droëwors, biltong and charcuterie

## WHAT TO TASTE ?



45

Restaurants of which some are internationally awarded

18,384,000



Bottles of wine produced annually in Franschhoek



4,927 Restaurant seats in Franschhoek



The price of an average main meal in Franschhoek is around 104



#7 Rated one of the top wine destinations of the world in 2016 (Wine Enthusiast Magazine)

## DID YOU KNOW ?



Wild elephants roamed the valley 150 years ago and crossed over the pass to birth their calves in Franschhoek, the "Elephant Corner"

## WHERE TO GO ?



The Franschhoek Bastille Festival celebrates the French cultural heritage with a focus on food, wine and music

## ONLY IN... FRANSCHHOEK



The Franschhoek Artisan Route The only route in the country showcasing local artisans and producers

## FOOD EVENTS

FRANSCHHOEK BASTILLE FESTIVAL July + 2 days

FRANSCHHOEK UNCORKED September + 2 days

FRANSCHHOEK Cap Classique & Champagne Festival December + 2 days



www.franschhoek.org.za

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# TORINO

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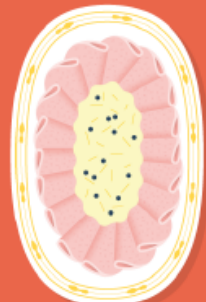


## BAGNA CAUDA

Hot sauce made of garlic, anchovies, olive oil and served with vegetables



## WHAT TO TASTE ?



## VITELLO TONNATO

Silverside beef with a sauce made of eggs, capers and anchovies



1200 Restaurants in the metropolis



9 Michelin starred restaurants

150 million

Bottles produced by Martini & Rossi



34 Types of certified DOC wines produced in Torino metropolitan area



40% 10%

of the national chocolate production comes from Torino

## DID YOU KNOW ?



The Grissini breadsticks were initially invented at the Court of Savoy

## WHERE TO GO ?



The biggest open-air market in Europe

## ONLY IN... TORINO



Bicerin The traditional hot beverage made of chocolate, cream milk and coffee

## FOOD EVENTS

TERRA MADRE SALONE DEL GUSTO September + 5 days

MERENDA REALE All year long + Every weekend



REGIONE PIEMONTE

CITTA' DI TORINO

www.turismotorino.org

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# AARHUS

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## SMØRREBRØD

Dark, rye bread with various toppings such as potatoes and bacon



## WHAT TO TASTE ?



## STEGT FLÆSK

Fried pork with parsley gravy



+130

Food events organized as European Region of Gastronomy & European Capital of Culture



4

Michelin starred restaurants

39.000

People work within the Food Industry in Central Denmark Region



8,4%

Of products sales are organic: the world record



1st

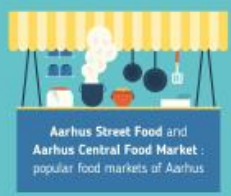
Food innovation hub in Europe centred in Agro Food Park

## DID YOU KNOW ?



The Lonely Planet lists Aarhus #13 of the 52 best culinary destinations in the world

## WHERE TO GO ?



Aarhus Street Food and Aarhus Central Food Market : popular food markets of Aarhus

## ONLY IN... AARHUS



RESTAURANT GASTROMÉ earned a Michelin star only 6 days after opening

## FOOD EVENTS

FOOD FESTIVAL September + 3 days

WILD TASTE FESTIVAL April + 3 days

FOOD MARKET AT INGERSLEV BOULEVARD Every Wednesday and Saturday

AARHUS / CENTRAL DENMARK REGION 2017 EUROPEAN REGION OF GASTRONOMY

www.danishfoodregion.eu  
www.visit aarhus.com



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# RIGA

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## LAYERED BLACK BREAD

Black bread crumbs in layers with cranberry jam and whipped cream



## WHAT TO TASTE ?



## SMOKED FISH

Salted fish smoked on elder, maple or oak wood



1752

Invention of the Riga Black Balsam, featuring 24 natural ingredients



1960

The "Vecrīga" cake was created to honour the Old Riga



450

Organic local farmers provide seasonal products and meat from around Riga

## DID YOU KNOW ?



At least once a year, Rigans go mushroom and berry picking in the woods



2000

Restaurants and Cafes in Riga

## WHERE TO GO ?



Riga Central Market is located in historical buildings, originally designed as Zeppelin airship hangars



ONLY IN... RIGA

In spring, people enjoy a cure of fresh birch sap, extracted for its nutritive benefits

## FOOD EVENTS

RIGA RESTAURANT WEEK May / October + 7 days

RIGA FESTIVAL RESTAURANT August + 1 day

RIGA FOOD FESTIVAL September + 3 days



LIVE RIGA

www.liveriga.com

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www.delice-network.com



# LAUSANNE

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## PAPET VAUDOIS

Hotpot made from leek, potatoes and sausage



## FILETS DE PERCHE

Fried fish with a slice of lemon and french fries

### WHAT TO TASTE?



1536

The City of Lausanne begins its wine production



20 KG

Of cheese eaten per person per year



15

Michelin starred restaurants

Including the #1 restaurant, ranked in 2015 by Le Monde (Restaurant des Halles)



PINTE BESSON  
1780

Opening of "Pinte Besson", one of the 10 oldest restaurants in Europe

### DID YOU KNOW?



Milk Chocolate was invented in Lausanne area in 1875

### WHERE TO GO?



The terraced vineyards of Lavaux, by the lake Geneva, are listed as UNESCO Heritage

### ONLY IN... LAUSANNE



The "École Hôtelière de Lausanne" was the first hospitality management school in the world (1893)

## FOOD EVENTS

MIAM FESTIVAL  
May / June + 3 days

NATIONAL PICNIC DAY  
August + 1 day

lausanne

Lausanne

LAUSANNE

www.lausannevalable.ch

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# MADRID

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## BOCADO DE CALAMARES

Fried squid in a sandwich

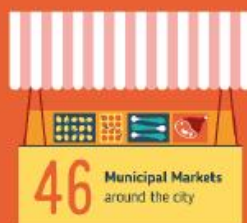


### WHAT TO TASTE?



## COCIDO MADRILEÑO

A traditional chickpea-based stew, with meat and vegetables



46

Municipal Markets around the city



3100

Restaurants in the city

14

Michelin starred restaurants



2AM

Closing time of the last taverns & wineries of the city

### DID YOU KNOW?



"Tapas" means "cover" and was originally a plate of finger food placed on top of a glass of wine to avoid flies

### WHERE TO GO?



LA LATINA

In La Latina area, enjoy the many tapas bars from mid-day to late at night

### ONLY IN... MADRID



Conchas de Violón are handmade since 1915 in a candyshop on Plaza de Canalejas

## FOOD EVENTS

GASTROFESTIVAL  
January + 2 weeks

MADRID FUSION  
January + 3 days

MADRID TAPAS WEEK  
June + 7 days

iMADRID!

www.esmadrid.com

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# MONTREAL

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## SMOKED MEAT

Currated beef brisket with spices



## POUTINE

French fries with gravy and cheddar curds



## WHAT TO TASTE ?



370

Restaurants  
"Bring Your Own Wine"  
without corking fees



69

Restaurants  
per  
KM<sup>2</sup>



40

FOOD FESTIVALS  
and events every year



25

Microbreweries on the  
Island of Montreal

## DID YOU KNOW ?



Lufa Farm is the world first  
commercial rooftop greenhouse

## WHERE TO GO ?



MARCHÉ JEAN-TALON

Jean-Talon market offers products  
coming from a radius of 60km around  
Montreal, open 365 days a year

## ONLY IN... MONTREAL



LA BINERIE MONT-ROYAL  
is the only typical French  
Canadian cuisine restaurant  
in Montreal

## FOOD EVENTS

MONTREAL EN LUMIERE  
February + 11 days

MONDIAL DE LA BIÈRE  
June + 4 days

YUL EAT FESTIVAL  
September + 3 days

MTL À TABLE  
November + 11 days

TOURISME /  
Montreal

www.mtl.org

#MTLMoments

#MTLTABLE

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# LISBON

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## BAKED CODFISH

Served with olive oil,  
potatoes, eggs, grain  
and vegetables



## WHAT TO TASTE ?



## COZIDO À PORTUGUESA

Traditional stew with  
boiled vegetables, meat, pork  
sausages, rice, beans and potatoes



390

Tons of sardines eaten  
weekly during the  
June Festivities



8,500

Restaurants, cafes  
& bars in Lisbon



21000

Pasteis de Belém pastry  
sold per day in Lisbon



4,500,000

Liters of beer sold  
every month

## DID YOU KNOW ?



Martinho da Arcada  
is the oldest restaurant in Lisbon,  
founded in 1782

## WHERE TO GO ?



MERCADO DA RIBEIRA

A place where you can find  
24 restaurants and 8 bars

## ONLY IN... LISBON

Founded in 1840,  
"A Ginjinha" is  
the best place to  
try the traditional  
berry liquor  
Ginjinha



## FOOD EVENTS

PEIXE EM LISBOA  
April + 10 days

LISBOA À PROVA  
RESTAURANT CONTEST  
Every Year

ROTA DAS TAPAS  
October + 17 days



www.cm-lisboa.pt



www.cm-lisboa.pt



www.cm-lisboa.pt



www.cm-lisboa.pt



www.cm-lisboa.pt



# PUEBLA

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## MOLE POBLANO

Thick meat sauce made of a mixture of chili, chocolate, fruit, spices and seeds



## CHILE EN NOGADA

Traditional "Chile Poblano" covered with egg and fried, filled with seasonal fruit mixed with meat, and a thick nut sauce on the top.

### WHAT TO TASTE ?

1916



Opening of the traditional bar "La Pasita"

OVER 30

Varieties of street food dishes that you can find anywhere in the city



100

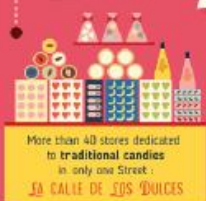
Varieties of candy produced in the oldest candy shop of the city

### DID YOU KNOW ?



The traditional Chile en Nogada is a very seasonal dish and can only be served between July & September

### WHERE TO GO ?



More than 40 stores dedicated to traditional candies in only one Street : 50 CALLE DE LOS DULCES

### ONLY IN... PUEBLA



Puebla cuisine has a pre-Hispanic, Spanish and Asian influence

## FOOD EVENTS

FESTIVAL DEL MOLE Every year

STREET FOOD FESTIVALS OF THE CITY CENTER Every Year



Facebook : Puebla Ciudad Patrimonio #VISITAPUEBLA

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# BARCELONA

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## ESCUDELLA I CARN D'OLLA

Catalan soup with pasta and meat stew



## CREMA CATALANA

Catalan crème brûlée

### WHAT TO TASTE ?



700 Companies are gathered in Mercabarna, a Food Hub producing and distributing fresh and frozen products



10,000

Restaurants in the city

23 Michelin starred restaurants



Wine Designations of Origin in Barcelona



1136

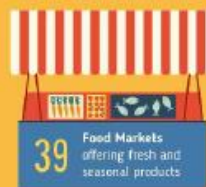
Traditional Catalan recipes in Corpus of Catalan Culinary Heritage cookbook

### DID YOU KNOW ?



Barcelona is symbol of the Mediterranean diet, declared UNESCO Intangible Cultural Heritage

### WHERE TO GO ?



39

Food Markets offering fresh and seasonal products

### ONLY IN BARCELONA



Pa amb tomàquet is bread spread with a rubbed tomato

## FOOD EVENTS

ALIMENTARIA April + 4 days

MERCAT DE MERCATS October + 3 days

MOSTRA DE VINS I CAVES DE CATALUNYA October + 2 days



www.visitbarcelona.com

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# KOBE

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## CONFECTIONERIES

Renowned cakes and breads,  
made by skilled and dedicated artisans

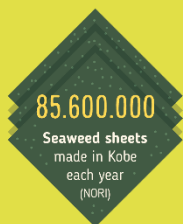


## WHAT TO TASTE ?



## JKANAGO NO JUGINI

The seasonal spring  
tradition is sand eel boiled  
in soy sauce, sugar and ginger



## DID YOU KNOW ?



Kobe is considered the **food hub**  
of Japan, being one of the first cities  
in Japan to have an established port

## WHERE TO GO ?

In the **Nadagogo**  
District,  
taste Sake  
from Japan's  
most famous  
breweries



## ONLY IN... KOBE



Farms and  
Fisheries are  
very close to  
urban area  
in Kobe

## FOOD EVENTS

HARVEST FESTIVAL  
November → 1 day

KOBE  
FARMER'S MARKET  
Every saturday

GASTROPOLIS  
KOBE DAY  
November → 2 days



[www.gastropoliskobe.org](http://www.gastropoliskobe.org)

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# TO BE CONTINUED...





Network of good food cities  
of the world

[www.delice-network.com](http://www.delice-network.com)



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